

Do you have Pre-Diabetes?

Come along to this free information session that will give you the tools that may help prevent the development of type 2 diabetes

Find out:

What is pre-diabetes?

What you can do to manage this

Planning small changes to help prevent the development of type 2 diabetes



Who can attend?

Anyone with pre-diabetes and their family/whanau/fanau or support people

Where: Marlborough Health Hub

22 Queen Street, Blenheim

When: Thursday 21st June 2018

5.30pm - 7.30pm

Supported by Deb Healy

For bookings or enquiries contact:

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