

MARLBOROUGH PRIMARY HEALTH

GENERAL PRACTICE NEWSLETTER

CanTeen Leadership & Model of Care Update

Canteen has appointed a new leadership team with Nick Laing as CEO and Lucy Barnes as Psychosocial Support Manager.

Following the restructure last year, Canteen has a new "hubs and spokes" services model with hubs located in Auckland, Wellington and Christchurch.

Each hub is made up of youth and social workers who provide individual support and peer support programmes, which include specialist grief and loss; programmes for young patients following treatment & general peer support programmes for young people going through cancer for the first time. More [here](#).

ACC Accreditation Marlborough Urgent Care Centre



Warmer Kiwi Homes Programme Marlborough

Patient may be eligible for a grant if:

- If you live in your own home
- Are a Nelson or Marlborough ratepayer (some availability for Tasman ratepayers)
- Have a current Community Services Card (CSC) or Gold card (endorsed CSC).
- Have a home built before 2008
- Live in a designated grant area

For a no obligation quote contact Absolute Energy 0800-423-454.

For information about Warmer Kiwi Homes visit [here](#).

For more information contact Public Health Service in Marlborough, Karen Vis 03 928-4178.

COLD OR DAMP HOUSE? NEED INSULATION?

Do you know someone who might be eligible for a Warmer Kiwi Home grant?



- If you live in your own home
- Are a Marlborough ratepayer
- Have a current Community Services Card (CSC) or Gold card (endorsed CSC).
- Have a home built before 2008
- Live in a designated grant area

Ask about the Warmer Kiwi Home grant.*

Contact:
Karen Vis, Public Health Service, Marlborough,
(03) 928 4178 or visit energywise.govt.nz

* Please note that grants may not be available in some areas.



Health Care Home 8 new places for 2019/2020

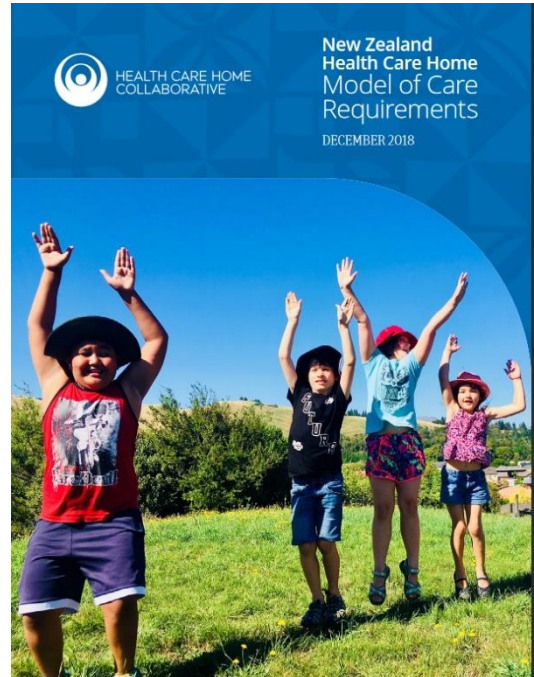
The Health Care Home initiative is now well established across the Top of the South with the first five Tranche One practices now into their fourth month of implementation against their year one implementation plans.

In June 2019, we will be calling for expressions of interest from practices across Nelson Bays and Marlborough who would like to be considered for **one of the eight places** available for the next 2019-20 financial year commencing in July 2019.

Forums are being planned and dates will soon be confirmed so that interested practice teams can come and hear first-hand from the local teams who are implementing the HCH model into their practice. This will be the time to ask questions and to also hear from the HCH programme team.

In the mean-time, interested practices are encouraged to have a formal discussion as owners and as a practice team about the opportunities within the HCH model and the possibility of expressing interest in becoming an HCH practice.

The Model of care can be viewed here by clicking on the picture or on the link below



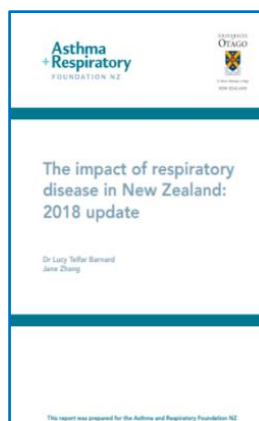
For more information contact Ruth Robson, HCH Lead (District wide)
Email: ruthr@marlboroughpho.org.nz
Cell phone: 021 780 824

Impact of Respiratory Disease in New Zealand 2018 update

Respiratory disease accounted for one in 10 overnight hospitalisations and costs the country more than \$7 billion per year. Six indicators were assessed for the report, including asthma, bronchiectasis, childhood bronchiolitis and pneumonia, chronic obstructive pulmonary disease (COPD) and total respiratory disease. All indicators showed inequalities in health by ethnic group.

Nelson Marlborough DHB had the lowest COPD hospitalisation rates in adults aged 45 yrs+ per 100,000 people, 2017.

Download [here](#)



Karen Vis, RN
Asthma Marlborough Inc
Ph 03-5791609 or 0272057244
asthma.marlborough@xtra.co.nz
Tuesday & Friday 8am – 5pm

Datacraft

Presentation following Practice Managers

The presentation will begin at 1.20pm and continue until 2pm on Wednesday 12th June in meeting room 3.

Practices are encouraged to attend. Space in the room is limited. If you bring another person, please let Andrea and/or Kaye know.

CME Coordination

Coordinated by MPH

CME is now coordinated by MPH. There is an AKO team who meet 3 times annually to discuss potential education. The AKO learning group includes a GP, Pharmacist, RN & Maori Clinical Lead.

All queries to: cme@marlboroughpho.org.nz

Reimbursement of waived GP co-payment fees For lamotrigine brand change

The funded brand of lamotrigine is changing from Lamictal, Arrow-Lamotrigine and Logem to Logem only. From 1 May 2019 to 1 October 2019 people will have five months to change to the Logem brand of lamotrigine.

We know change can be difficult for some people. It's understandable that people might have questions about changing brands, but they shouldn't notice any difference when changing to Logem. If people have any questions or concerns about changing their brand of lamotrigine, we are encouraging them to talk with their healthcare professionals.

Some people may return to their GP with concerns following the change to the Logem brand and need additional support to make a successful change. In these cases, the GP visit co-payment may be waived and PHARMAC will reimburse the GP clinic on invoice.

To claim reimbursement, the patient must have:

1. Received the Logem brand of lamotrigine for the first time, and
2. Returned to the doctor for additional advice or counselling regarding their medication brand change within 5 months of changing to the Logem brand of lamotrigine.

Full details of the reimbursement process and how to claim are available here:

www.pharmac.govt.nz/lamotrigine#healthprofessionals

In addition, there is a mechanism for prescribers to apply for their patient to remain on their current brand of lamotrigine. This would be for those patients who, due to exceptional clinical difficulties, are unable to manage a change to the Logem brand, or who have not tolerated the change. A copy of the application form is available here <https://www.pharmac.govt.nz/assets/lamotrigine-exceptional-circumstances-form.doc>.

Further information contact PHARMAC on enquiry@pharmac.govt.nz Freephone: 0800 66 00 50

TRAINING

Respiratory Workshop 6th June 2019, 5.30-7.30pm

Addictions – Common General Presentations of Drug Misuse, Processes and Pathways to respond
11th June 2019, 5.30-7.30pm

Whitireia
NEW ZEALAND

Primary Mental Health Care

Are you working in Primary Health?

Start date: 15 July 2019 | Duration: 17 weeks | Location: Porirua | Programme Number: HSC6605 | Fees: \$2,135.50*

Course Information

The Primary Mental Health Care course provides the opportunity to expand your ability to relate key mental health concepts to your primary health care setting, while developing advanced assessment and decision making skills.

You will develop specialty knowledge within a holistic framework, while exploring inter-sectorial care and its impact on the health outcomes of people experiencing mental health illness in primary health care.

Courses are 17 weeks in duration and are a combination of online learning and short tutorial blocks delivered predominantly at the Porirua campus.

Content

- Contemporary mental health and addiction approaches
- Assessments and brief interventions - clinical decision making
- Advocacy/rights and self-determination
- Co-existing problems and long term conditions
- Resiliency and leadership
- Trauma informed care

Programme Information

HSC6605 Primary Mental Health Care is an elective course in the Postgraduate Certificate in Specialty Care. This programme offers a range of courses which allows a programme of study that best meets your needs and reflects current and developing research-based practice in relation to health care delivery.

To gain the Postgraduate Certificate you must complete two courses such as Specialty Practice, Clinical Leadership, Forensic Practice, Dual Disability, Advanced Paramedic or Pacific Health.

Further Study Options

Successful graduates may also gain credits towards Masters study.

Block Course Dates

Block courses run: 15-16 July and 23-24 September 2019.

Entry Requirements

Domestic: Registered health professional with current New Zealand practising certificate, Bachelor degree or equivalent; employed in a relevant clinical service for a minimum of three days per week.

International: Must meet domestic entry requirements and also have IELTS 7.0 in each band.

*Fees accurate as at time of print (March 2019).

Primary Mental Health Care Whitireia, NZ

For more information click [here](#).

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For current fees and more information, visit www.whitireia.ac.nz

Contraceptive Services and the Insertion and Removal of Long Acting Reversible Contraception Update:

Marlborough Primary Health will be ready to implement these services with general practices once we have completed the Practice Folder information.

The service will be for women with a rural address, hold a community services card, aged 15-44 years who are resident of Marlborough, claiming will be via the web-portal. We anticipate having this information out to you over the next week.

Primary Mental Health:

The triage of referrals for primary mental health interventions is progressing well. Debbie Harris, Katrina Flynn and Jen Penkman, clinicians from the adult mental health service are undertaking this. If you have any enquires regarding your referrals you can email the team on pmhirefer@marlboroughpho.org.nz or contact Glenis McAlpine on 520 6200.

Just a reminder that referrals into the service is from aged 12 years and over for those with mild-moderate mental health disorders and would benefit from brief support and therapy.