

Feedback

The Physiotherapy Department welcomes feedback.

If you have any concerns about any aspects of your care during your contact with us or wish to compliment us on our service we would be happy to hear from you.

Options

- Discuss with physiotherapist
- Contact the Physiotherapy Team Leader
(03) 520 9927
- Ring or write to the Customer Service Co-ordinator Nelson Hospital
(03) 546 1848 or
Private Bag 18, Nelson 7042
- Contact the local independent Advocacy Service or the Health and Disability Commissioner's national office (this is a free service)
0800 11 22 33 or www.hdc.org.nz

Contact

Physiotherapy Department

Wairau Hospital
PO Box 46
Blenheim 7240


Phone: (03) 520 9927 ext 1

www.nmdhb.govt.nz

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IN HOME FALLS PREVENTION Community Physiotherapy Services

www.nmdhb.govt.nz



You have been referred to our 'In Home Falls' Prevention Service.

There is no charge for this service.

We have a team comprising of In Home Falls Co-ordinator Amy Heath (registered physiotherapist) phone (03) 520 9927 supported by our Allied Health Assistant Debbie Kidd phone (03) 520 9927.



Amy Heath

Debbie Kidd

Our team will visit you at home to:

- Review your strength and balance and advise you on how to exercise to improve these
- Review any falls hazards that might be present inside and outside of your home, with advice on what you can do about them
- Our aim is to support you to stay as independent as possible, in your own home, by reducing your risk of having a fall.

There will be an initial assessment at your home. Following this a combination of further home visits and telephone calls will be made to support you with your exercises. We would encourage you to have a support person with you if possible.

Referrals to this service are received from:

- General Practitioners
- Consultants
- Emergency Department
- ACC
- Other HealthCare Providers
- Self Referrals.

The physiotherapists working within the department are all registered with the NZ Physiotherapy Board and comply with the Health and Competency Assurance Act (HPCA).

Our Service complies with the code of rights and responsibilities for patients, client and residents.