



POSITION DESCRIPTION

Position Title:	Youth Wellbeing Clinician – Marlborough Primary Health
Reports To:	Youth Wellbeing Lead Coordinator
Interactions:	<p>Internal Relationships:</p> <p>All MPH, NBPH and Health Action Trust staff</p> <p>External Relationships:</p> <p>Client, their family/whānau, General Practice teams, Other general practices participating in the integrated model, non-government mental health organisations, Secondary (DHB) mental health and AoD services, social services (NGO), Community agencies.</p>
He Kaupapa Nui – Position Purpose	The role of the Youth Wellbeing Clinician is to provide youth in our community with greater access and more choice of primary mental health and addiction services. A key aspect of this youth-centricity is the tailoring of services to ensure that they are delivered in spaces and in ways that are comfortable and appropriate for young people.
Whāinga Tūranga –Position Objectives	<p>The Youth Wellbeing Clinician works with the collaborative and the Clinical Youth Coordinator to provide high-quality, evidence-based education, care planning, and interventions to the Rangatahi of Te Tau Ihu. This is achieved through the delivery of the following role objectives:</p> <ul style="list-style-type: none"> • Providing immediate support to address the needs of young people experiencing distress. • Is easily accessible for young people. • Offers a range of options of support – that are youth-appropriate. • Meets the developmental needs of young people. • Seamlessly connects young people to other relevant non-government organisations (NGOs), cultural, social, health support or other supports in the area. • Undertakes assessments including risk assessment and management. • Identifies when young people have more serious mental health or addictions concerns that require referral to a specialist mental health or addiction service including crisis services. • Makes a positive difference in the health and wellbeing of the enrolled population with a clear focus on achieving equity.
Te Tiriti o Waitangi:	Marlborough Primary Health is committed to its obligations to te Tiriti o Waitangi. As an employee you are required to understand and implement te Tiriti O Waitangi within your work and actively participate in opportunities and initiatives that will contribute to reducing the disparity in health status between Māori and non-Māori.
Te Pae Ora:	Marlborough Primary Health is committed to the principles of Te Pae Ora, to (a) protect, promote, and improve the health of all New Zealanders; and (b) achieve equity in health outcomes among New Zealand’s population groups, including by striving to eliminate health disparities, in particular for Māori; and (c) build towards pae ora (healthy futures) for all New Zealanders.

KEY TASKS & PERFORMANCE OUTCOMES	
Whai Wāhitanga -Team Participation	<ul style="list-style-type: none"> • Participates in clinical meetings/huddles with the mobile team. • Seeks and acts upon opportunities to educate self and other agency team members in behavioural health. • Close working relationship with the Peer support worker is developed. • Consultation/liaison is provided to the community mobile team. • Clear documentation of all clients related activity.
Clinical Service Delivery	<ul style="list-style-type: none"> • Knowledge of the behavioural health consultancy model and ability to implement the model demonstrated. • Individual sessions, groups and whānau sessions are delivered. • Evidence-based interventions are provided for a wide variety of issues (both mental health and physical health related) to people aged between 12-24 years. • People are supported to identify and achieve the results they are seeking. • Skills, knowledge and attitudes for culturally safe practice are demonstrated. Clear and concise notes that comply with established standards are entered within practice's Patient Management System and all privacy requirements are maintained. • All required client-related information and activities are recorded.
Primary Mental Health Integration	<ul style="list-style-type: none"> • Positive relationships are maintained with all members of the Community Agencies. • Active contribution to evaluation and refinement of the model. • Partnership with the Peer Support worker when implemented is evidenced. • A collaborative working relationship is formed with NGOs and with the general practice as a part of this model. • A collaborative working relationship is formed with Te Whatu Ora secondary mental health and addictions • Assistance with care coordination and access to outside resources is provided as needed.
General	<ul style="list-style-type: none"> • Undertake other duties as required relating to the functions and responsibilities of MPH. • Organisation policies, procedures and requirements are known and complied with. • MPH team meetings are attended as required. • Work positively, sensitively and constructively with all staff, members and community representatives to secure positive ongoing primary health outcomes and relationships. • Participate in the development and continuing improvement of MPH and provide positive contribution to the functioning of the MPH Team.

KEY ACCOUNTABILITIES	
Professional Accountability	<ul style="list-style-type: none"> • Requirements of the clinician's professional and registering body are met. • Current APC (annual practice certificate) is held. • Participation in model fidelity workforce development and coaching. • Active participant in observed practice and all other quality assurance processes. Participation in regular supervision. • Participation in peer review.
Reducing Health Inequities	<ul style="list-style-type: none"> • Identify and work towards reducing barriers to increase participation for Māori , Pacific and other groups. • Support team members to advance the health and social wellbeing of clients accessing services and support the reduction in health disparities and inequalities.

Quality Improvement /Audit activity	<ul style="list-style-type: none"> • Demonstrate willingness and involvement in quality activities to achieve service and organizational objectives in an innovative manner. • Contribute to the team environment in which performance can be improved or enhanced, and objectives and plans can be achieved to a high-quality standard. • Utilise best-practice and evidence-based approaches in all aspects of work. • Take all opportunities to obtain new skills and competencies which will enhance delivery of service. • Take personal responsibility for making things happen
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Relevant Behaviours	<ul style="list-style-type: none"> • Leadership, initiative, robustness/resilience, interpersonal, pragmatic, attention to detail, ability to work autonomously as well as with a multidisciplinary team, cultural awareness, excellent written and verbal communication skills, privacy and confidentiality skills.
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Qualifications, Skills and Experience	<p><u>Qualifications</u></p> <p><u>Essential</u></p> <ul style="list-style-type: none"> • Current Annual Practicing Certificate as a registered health professional e.g. psychologist, nurse, occupational therapist, social worker • A full and current driver’s license <p><u>Preferred</u></p> <ul style="list-style-type: none"> • Qualifications in CBT or ACT are an advantage. • Clinical experience working in a mental health setting (primary and/or secondary) providing evidence-based psychological interventions. • Knowledge of behavioural medicine and the relationship between medical and psychological systems • Experience working with Māori, Pasifika, Youth and diversity groups. <p><u>Experience/Skills</u></p> <ul style="list-style-type: none"> • Knowledge and ability to work with Māori, Pasifika and Youth. • Flexible, self-starter. • Knowledge of behavioural medicine and the relationship between medical and psychological systems. • Willing to embrace new ways of working. <p>Has the skills listed below or a strong interest in learning them:</p> <ul style="list-style-type: none"> • Ability to work at a fast pace with a flexible schedule. • A proven ability to be a team player. • Excellent communication skills. • An ability to work closely and collaboratively with key stakeholders. • An understanding and sensitivity to working with all cultures. • Ability to competently use computers; able to work in an electronic medical record. • Ability to work independently within agreed boundaries. • Respects differences. • Builds strong supportive relationships. • Acts according to sound ethical and moral values. • Openness to continue learning. • Has demonstrated commitment to the principles of te Tiriti o Waitangi and promoting positive outcomes for Tangata Whenua.
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